# HEART and EMOTIONS 2020

# Bruno DUCOUX DO

For the osteopaths who have already worked with him on *Emotional Integration* and for those who are considering this vision on the Way of osteopathy for the first time, Bruno Ducoux proposes a 3 days workshop in order to share his current researches on this field.

## I- Temporality in Osteopathy

*True knowledge comes from inside* Herbert Hoffman DO 1907

As every art or science, osteopathy is evolving rapidly; it’s necessary to root us in the tradition of Still and to open new fields of perception and awareness.

From a biomechanical approach with a deductive reasoning and reproducible techniques using intention and force of the practitioner, various researches showed that osteopathy can be practiced with an inductive approach using the inhering potency present in the body and in the environment:

* New understanding of the transmission of information through the different nervous systems: central, autonomic and water
* Evolution of the concept of palpation/action
* Polarity and Present in the Life field

## II- Emotional Integration in Osteopathy

* The emotional integration and the blocked flux of energy
* The importance of mental and thought as shadow part of our selves
* The vitalist approach and retroactions between patient and therapist in specific environment
* Perceptions: From palpation: integration of the felt sense
* Fulcrum and Interface
* The use of a probabilistic non linear, non local and chaotic way of reasoning in relation with the discontinuous aspect of the mater.
* The integration of bio magnetic fields in osteopathic principles
* These fields are present in every cell and deal with the photons generated partly by the heart

III-Life models the body from the heart

*Winter is in my head, the eternal present in my heart* Victor Hugo

An evolving and definitively subjective Osteopathy will be presented; using the forces that are present in the sensible world with the heart as a point of resiliency in the Life Field.

A cosmic osteopathy is taught during this seminar including a tissular and biodynamic approach.

Work on one self and in the nature is on the way as evidence.

All these materials are already present in the words of A.T.Still.

## IV- Techniques taught during this seminar mainly practical

* Evolution of one selves and the universe
* Rooting of the therapist
* Synchronization with patient and environment
* Touch/ palpation/ perception
* Lymphatics and circulatory techniques
* Polyvagal approach of the autonomic nervous system
* Central nervous system and the brain structures
* Vertical midlines and symmetry
* Horizontal diaphragms and fasciae chains
* Vibratory fulcrums as memories in relation with water
* Felt sense
* Neutrals (space)
* Silences (time) Silent partner in the interface ; dynamic stillness
* Potency in the presence
* Treatment in letting go and disappearance of ego in the whole
* The heart as a generator
* Opening of the heart to the Universe

Bibliography

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* *Inner Bridges* by Fritz Smith; Humanics; 1987
* *La liberté d’être* Anne Marquier ed du verseau 1999
* *The concept of the fulcrum* Donna Taylor CCO thesis 2008
* *The healer’s heart* Zachary Comeaux 2008